

2019 Schedule June-Dec

Sharing Evenings:

July 20th

August 17th

Sept 21st

Oct 19th

Nov 16th

Dec 21st

Workshops:

July 14 Reiki 2

This makes the Reiki four times stronger than Reiki 1 and allows you to do Long Distance Reiki. It also allows you to charge a fee for reiki. This is like getting the remote control of life!

July 20th Reiki 1.

Reiki will allow you to take energy from the air and put it into yourself, other people, plants or animals.

This energy relaxes, heals, and soothes the recipient. It of course energies also.

July 27th Manifestation-Creation Workshop

The luckier you get, the luckier you get.

Where does luck live?

Find out when you join me on July 27th.

Learn how to program an incredible life!

February 2nd Cleansing the Pineal Gland .

Since Egyptian times mankind has been aware that you are as healthy as your Pineal gland.

Modern toxins such as flouride in the water choke this gland.

Today we will unblock it.

The Pineal gland controls your life. If its toxic so are you.

August 10th Reiki Masters

August 11th 1-6pm-Summer Fun in Clonakility

Come and recharge with yoga, drumming , Reiki and more in Clonakility. This will be facilitated by Jennifer Galvin and myself!

Love Teresa

August 17th Tarot 1

I have been reading Tarot since 1984.

There is no better way of awakening your intuitive ability than with Tarot.

Learn this 5000 year old skill.

August 24th Inner Peace

Who or what presses your buttons?

More importantly why do you give them the controls of your enjoyment of life?

Learn to take these controls back and live a life of bliss and harmony.

August 31st Tarot 2

Today we will work with the Major Arcana Tarot cards.

September 7th Learning Medium ship

The spirits of our beloved are all around us and constantly seeking to communicate with us. Today learn how to communicate with the world of spirit.

September 14th The Goddess's of Ireland.

The townland I live in is called Farranmareen, which means Maureen's piece of land. No one knows who Maureen is. Over the road from me is Sliabhowen. Everyone knows who Owen is. Women are so easily forgotten in Ireland.

Spend a day familiarizing yourself with the Irish Goddess's and how to integrate them into your life.

September 21st Reiki 2

September 28th Reiki 1

April 13th Reiki Masters.

This is the third level of Reiki.

It makes the Reiki 40 times stronger than Reiki 1 and allows you to teach Reiki. It also empowers your spirit and makes it more active in your life.

October 5th How to overcome self-sabotage and martyrdom .

Guess what? We all do self sabotage really well. Just when things are going really well, we blow it. There are many reasons why we do this. Join me in discovering why we do it and how to avoid this self destruction.

Oct 12th Intuitive Reiki

This is the fourth level of Reiki. Following the Reiki Master's Course there are further ways of channeling even more energy to get faster results. This day also shows you how to interpret intuitive feedback from the Reiki energy.

This is a must workshop for all Reiki Masters.

Oct 19th

Sacred Sites tour to West Cork.

Oct 26th

Communing with the elements.

The four elements of life are earth, water, air and fire.

Learn how to assimilate the power of those elements into our lives.

November 1-3rd:

Residential Fasting Week-end.

Time to clear the body out of physical toxins and support mental clarity and inner peace.

Fasting takes will power and doing it as a shared experience in a supportive environment takes much of the struggle out of it.

We will fill our time with breathing exercises, meditation, short walks, and exchange healings.

November 16th 3500 years of Karma

The Mayans believed every 3500 years a new cycle of life started on the planet and of course the old one died away.

Presently we are right in the middle of the ending and about to step into the new one. Traditionally this time of transition has been precarious for the earth and its inhabitants.

No one understands now the forces working on the planet. We all feel however something big is happening.

Learn today what is important to know and how to handle the influences being exerted on you.

November 23rd Communing with Saints.

Saints are people who walked the earth and developed their spirit to an extra ordinary level of power. They are available to us today on 2 levels. Firstly they can directly assist us. Secondly they can empower our spirit. The reason we incarnate into human bodies is to grow our spirit. With the help of the Saints grow yours today.

November 30th Angel Day

Angels are spiritual beings who never incarnated into humans. Each one of us has an angel to protect us. There are angels to protect places as well as people. Every blade of grass and every living being is protected by an angel.

Spend a day with your angel, after all they spend every day with you.

Dec 7th Reiki 1

December 14th Reiki 2

December 30th
Goal setting for 2020